



YMCA New Zealand

National Convention

& Youth Retreat 2019





“
THE
CHANGING
FACE OF
YOUTH
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Event Overview

The YMCA Youth Retreat is a three day retreat purposefully linked to YMCA's National Convention and AGM. The focus of the hui is the future, and how it will positively and negatively impact on youth. A selected group of young people, including YMCA staff and youth development programme members, will participate in a series of workshops over a three day period. Selected topics will be tabled, including the changing face of youth employment, ethnic diversity in New Zealand, the influence technologies have on today's youth and society, the environment, mental health and wellbeing. The youth representatives will present their findings to stakeholders, YMCA staff, management and Board members to increase awareness of youth perspective on the issues they are/will be facing. The group of travelling delegates will

arrive in Auckland no later than 10am on Thursday 23rd May. YMCA will organise to transport the delegates from Auckland Airport to YMCA Jordan Recreation Centre in Onehunga. A bus will depart Jordan Recreation Centre at 11.45am and transport all Youth Retreat participants to Camp Adair, arriving around 12.45pm. The delegates will spend Thursday and Friday at Camp Adair, and depart 10am on Saturday 25th May for the Grand Millennium in Auckland. Youth Retreat participants will present to stakeholders, management and staff at 2pm that day. Once the convention has concluded (5pm), delegates who are from outside Auckland, will walk to their accommodation at YMCA Hostel on Pitt Street. The evening Gala Awards Dinner and Dance will commence at 6.30pm.

Expected number of participants

20-30

Participant demographic

18-24 year-olds from across New Zealand and Australia

High level outcomes

Fostering a greater understanding of youth perspectives amongst stakeholders and staff.

Youth Retreat objectives

- Provide opportunities for networking and connection amongst staff and participants
- Purposeful investment in young people
- Provide a platform for young people to tackle topics deemed high priority and present ideas creatively to staff and stakeholders
- To discuss where we have been and where we wish to go
- Celebrating young people's achievements
- Developing stories to share with media about the breadth of youth development initiatives across the YMCA

Participants will be required to

- Provide any dietary requirements via online registration
- Provide any relevant health requirements via online registration
- Share ideas and support others
- Undertake some Retreat pre-work and pre-reading (available closer to the time)



FEARLESS MINDS

FOR MY RUTHLESS
- HEART IS WILD -

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Overview of Retreat activities

The 20 to 30 delegates will be involved in a three day Youth Retreat and will be participating in a number of varied activities. Activities will include ABL (Adventure Based Learning) activities, workshops, focus groups, and guest speaker presentations. The delegates will participate in team building activities delivered by certified outdoor education coordinators. Participants will be split into five groups and work on a presentation relating to one of the key topics. Workshops and focus groups will include a range of learning resources, such as art supplies, electronic devices and general stationery. Each delegate group, with the help of facilitators, will determine how they wish to present their findings. At the pre-retreat briefing it will be made clear that a high level of

output is expected from each group. This briefing will ensure everyone is prepared to present their findings in detail and to a diverse audience.

What are the expected outcomes?

To provide insight into the future challenges and opportunities facing young New Zealanders. The youth attendees will address five key topics and present their findings to YMCA staff, management and stakeholders. These findings will be summarised and discussed as to how they can be incorporated into the YMCA.

Participants' arrival time in Auckland

When booking flights, we request that all Youth Retreat participants arrive in Auckland no later than 10am Thursday 23rd May. Once everyone has arrived at Jordan Recreation Centre, participants will be transported to Camp Adair.

What to bring to the Retreat

- Lunch for Thursday 23rd May**
- Sleeping bag and pillow*
- Named plate, bowl, cup, cutlery and tea towel*
- Towel
- Toiletries (soap, toothpaste, toothbrush, insect repellent, sun screen, deodorant etc.)
- Comfortable clothes and old clothes to get muddy in
- Smart casual clothes suitable for the Convention
- Semi-formal clothes for the Awards Dinner
- Sun hat, beanie, umbrella and raincoat
- Appropriate footwear for the Retreat, Convention and Awards Dinner
- Backpack for tramping
- Drink bottle

** International delegates will be provided with these items on arrival*

*** All meals from afternoon tea 23 May to breakfast 26 May will be provided*

Optional

- Camera
- Things to do in free time - book, cards, games etc

We are happy for you to bring cell phones and electronic devices, however, we take no responsibility for these items if they are damaged or lost.

Transportation

Thursday 23rd May Participants will be transported from the airport to YMCA Jordan Recreation Centre. Any participants who are driving, please meet the group at 11am at Jordan Recreation Centre. A bus will depart Jordan Recreation Centre at 11.45am and arrive at YMCA Camp Adair around 12.45pm.

Saturday 25th May At 10am all participants will depart Camp Adair for the Grand Millennium in Auckland city, arriving around 11am for the National Convention.

Sunday 26th May A bus will depart YMCA Pitt Street Hostel for the airport. Departure time is still to be confirmed.



The Programme

Our why

A collective youth voice:
To understand where we've been and what the future holds

Thursday 23rd May - Day One: The Y's Story

Location: YMCA Jordan Recreation Centre, 5 Pearce St,
Onehunga / Camp Adair

TIME	ACTIVITY	DETAILS	PERSONS
11.45am-12.45pm	Arrive, Transported to Camp Adair	Transported from Jordan Recreation Centre to Camp Adair	Youth Retreat participants
2.00pm	Arrival registration	Registration of all Youth Retreat participants	
2.30pm	Official Welcome	Welcome, Retreat overview and Team introductions	External
3.00pm	Afternoon Tea	Light meal provided	
3.30-6.00pm	The Y story challenge	Camp style activity alongside an exploration of the story of YMCA over the past 175 years	Youth Retreat participants, Facilitators
6.30pm	Dinner	Meal provided	
7.30pm	Keynote speakers		TBC
8.30pm	Day debrief	Reflections and hopes	Youth Retreat participants, Facilitators
9.30pm	Free time	Evening socialising	Youth Retreat participants, Facilitators

Friday 24th May - Day Two: My Why

Location: Camp Adair, 2487 Hunua Road, Hunua 2583

TIME	ACTIVITY	DETAILS	PERSONS
7.00am	Morning activity	Camp style activity	Youth Retreat participants, Facilitators
8.00am	Breakfast	Meal provided	
9.00am	Whakawhanaungatanga	Where I am from, who I am and my hopes	Youth Retreat participants, Facilitators
10.00am	Morning Tea	Light meal provided	
10.30am	Slam Session one – Where is the Y at	Share where the YMCA is at on key topics, large group discussion	Youth Retreat participants, Facilitators
12.00pm	Lunch	Meal provided	
12.45pm	Slam Session two – Where am I at	Small group discussion	Youth Retreat participants, Facilitators
2.00pm	Presentation work	Groups work on presentation	Youth Retreat participants, Facilitators
3.30pm	Afternoon tea	Light meal provided	
3.45pm	Complete work on the presentation and arts project		Youth Retreat participants, Facilitators
6.30pm	Dinner	Meal provided	
7.30pm	Camp Fire, Present and Day debrief	Group share presentations for feedback and Reflections and hopes	Youth Retreat participants, Facilitators
9.30pm	Free time, Supper camp fire		

Saturday 25th May - Day Three: Our Y

Location: Camp Adair / Grand Millennium Auckland / YMCA Pitt St Hostel

TIME	ACTIVITY	DETAILS	PERSON
6.30am	Morning activity		Youth Retreat participants, Facilitators
7.30am	Breakfast	Meal provided	
8.00am	Pack up		Youth Retreat participants, Facilitators
9.00am	Travel to the convention	71 Mayoral Drive, Auckland CBD	Youth Retreat participants, Facilitators
10.30am	Join Convention		
12.50pm	Lunch	Meal provided	
1.30pm	Convention		All
2.00pm	Youth retreat participant presentations		Youth Retreat participants
3.10pm	Afternoon Tea	Light meal provided	
3.25pm	Convention		All
5.00pm	End of day / Free time	Walk to the YMCA Pitt St Hostel, Cnr Pitt St & Greys Ave Auckland CBD	Overnight at YMCA Pitt Street Hostel for Youth Retreat participants based out of Auckland
6.30pm	Pre-dinner Drinks	St-Matthew-in-the-City 187 Federal Street Auckland CBD (5 min walk from Hostel)	
7.00pm-12.00am	Gala Awards, Dinner & Dance	St-Matthew-in-the-City	

Sunday 26th May

Location: YMCA Pitt St Hostel

TIME	ACTIVITY	DETAILS	PERSONS
7.30am	Breakfast	Meal provided	
From 10am or to suit departures from Auckland Airport	Bus departure to the airport		Youth Retreat participants

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