



# Te Hiringa o Te Wai

NEW ZEALAND CERTIFICATE IN FOUNDATION SKILLS LEVEL 1

**Free - 20 Week Programme**

## Graduate Profile

This qualification involves students exploring their culture and own areas of interest to gain awareness of their own self. It aims to provide a good foundation for youth to progress in education, life or preparing for getting into work and their employment skill development. Literacy and Numeracy standards are embedded into the programme to provide the opportunity for learners to obtain the necessary unit standards for NCEA.

## Entry Criteria

- 16-24 years of age at enrolment  
[15 yrs. with exemption certificate]
- NZ citizen or permanent resident
- Not enrolled elsewhere

## Additional pathways and opportunities for further study

- NZ Certificate in Foundation Skills (Level 2)
- NCEA Level 1
- Range of ACE programmes

## Graduate's will be able to:

- Identify and develop self-management and resilience strategies to organise personal life, maintain well-being and continue learning.
- Interact appropriately with people from their own and other cultures, individually and in group environments, including work and community.
- Apply basic skills in literacy and numeracy and digital technology, as well as a range of other literacies, in structured and familiar contexts.
- Identify leadership qualities of a rangatira and reflect on how these relate to their own strengths, personal goals and future pathways.

# ENROL Today

## 2025 Intakes

- Term 1 - 27 January & 3 March
- Term 2 - 7 April & 26 May
- Term 3 - 14 July & 18 August
- Term 4 - 6 October & 10 November

**info@ymcaeducation.ac.nz**

Locations: Ashburton, Christchurch, Dannevirke, Invercargill, New Plymouth, Oamaru, Palmerston North, Timaru, Tokoroa and Whanganui

"The tutors at the Y were supportive and encouraging, helping me to achieve my goals." (2024 L1 Learner)

**Kōwae Tuatahi -  
 Module 1**



**Ko Au Te Wai, Ko Te Wai Ko Au : My life & wellbeing**

- Learners will develop their understanding of Te whare Tapa whā, Fonofale and other world views with relevance to own life and well-being (hauora)
- Using knowledge of self and real life issues, learners will identify strategies for developing resilience and maintaining personal growth.
- Enhance knowledge about health and well-being issues.
- Set personal goals for health and personal life.

**Kōwae Tuarua -  
 Module 2**



**Wai Puna Wai Ora : My value & learning**

- Using knowledge of self, learners will reflect and make connections regarding their past, their present and then their future aspirations
- Using real life problems, learners will explore strategies for managing self
- Explore strategies for safe internet use when sharing or accessing information.
- Gather information about study options for themselves and use digital skills to create original content to share with a peer or group.
- Explore the impact of study and working on finances to make informed choices.

**Kōwae TuaToru -  
 Module 3**



**Wai Mana Ki Uta : Giving back to my community**

- Using a community and/or a workplace environment learners will learn and apply appropriate ways to interact with their own and other cultures.
- Investigate own cultural background and share with others in the group to develop cultural literacies.
- Communication skills.
- Workplace skills and attitudes. CV writing, job searching, application letters, earnings.
- Number problems, calculations – wages & budgets
- Investigate career possibilities - Various payrates, Safety at work

**Kōwae TuaWhā -  
 Module 4**



**Wai Mana Ki Tai : My future journey**

- Learners will be introduced to or further develop their understanding of the word Rangatira.
- Rangatira – general characteristics of rangatira: Aroha –Tino rangatiratanga; Mana wahine and mana tāne Pono/tikanga; Tautohetohe
- Kaupapa/ purpose. To manaaki is to behave with an ethic of thoughtfulness, generosity and caring for others.
- Using an investigative approach learners research to learn about known Rangatira.
- Learners will reflect on themselves and the characteristics they have already, those they aspire to have and create goals for future pathways

