

# Y-Skills for Life / Te Kakāno

INTENSIVE LITERACY AND NUMERACY PROGRAMME (ILN)

**Free Programme 80 - 300 hours**

## Programme Content

YMCA New Zealand uses the Literacy and Numeracy for Adults National Assessment Tool to measure need, inform tailor-made programmes and measure progress:  
<https://assess.literacyandnumeracyforadults.com/>

## What will students do?

We provide literacy and / or numeracy training that is specific to your needs. Our programmes utilise everyday and relevant learning tasks that may cover the following topics;

- Job search and employment skills
- Health and recreation
- Budgeting
- Cooking
- Technology skills and online safety
- Driver licence study
- Nutrition
- Problem solving
- Goal Setting

**Enrol anytime in 2025, no set intake dates!**

## Opportunities for further study includes:

- New Zealand Certificate in Foundation Skills (Level 1) Skills for you / Te Papa Ako Toi
- Transition support to further study or employment

## Entry Criteria

- 16 + years of age at enrolment [15 yrs. with exemption certificate]
- NZ citizen or permanent resident
- Not enrolled elsewhere
- Subject to Literacy / Numeracy Assessment

**ENROL**  
**Today**

"I learned valuable skills in a supportive and safe environment." (ILN Learner - 2024)

**info@ymcaeducation.ac.nz**

Locations: Ashburton, Christchurch, Gisborne, New Plymouth, Oamaru, Palmerston North, Timaru and Whanganui