

YMCA New Zealand is affiliated to the World Alliance of YMCAs, a global Christian Movement working for social justice for all youth, regardless of religion, race, gender or culture, reaching 58 million people in 119 countries worldwide. Founded in 1844, the World Alliance of YMCAs is the oldest and largest Movement for youth in the world.

## **OUR MISSION**

The YMCAs of New Zealand are community organisations who aim to enable individuals and families to develop physically, mentally and spiritually and enjoy a healthy quality of life.

## **OUR VISION**

We are New Zealand's most respected and successful provider of programmes that builds strong **kids**, strong **families** and strong **communities**. We are in effect, helping to build strong **New Zealanders**.

#### **OUR VALUES**

- We value every individual, regardless of age, gender, ethnicity or belief.
- We value and encourage the development of the whole person in Body, Mind and Spirit.
- We value healthy communities in which people care for and support each other with understanding and mutual respect.
- We value justice and equal opportunities for all people.
- We value acceptance of personal responsibility.

In short, the YMCA values are:CaringAtawhaitiaRespectWhakanui I te TangataHonestyTe WhakaponoResponsibilityTe Awenga Atu



# ABOUT THE YMCA

# THE "Y" IN NEW ZEALAND

Everyone has heard of the YMCA but we know that not many know all the things we do. Perhaps it is because we do so much! What we do know is that most people are really surprised when they learn the extent of the work done by the Y in New Zealand.

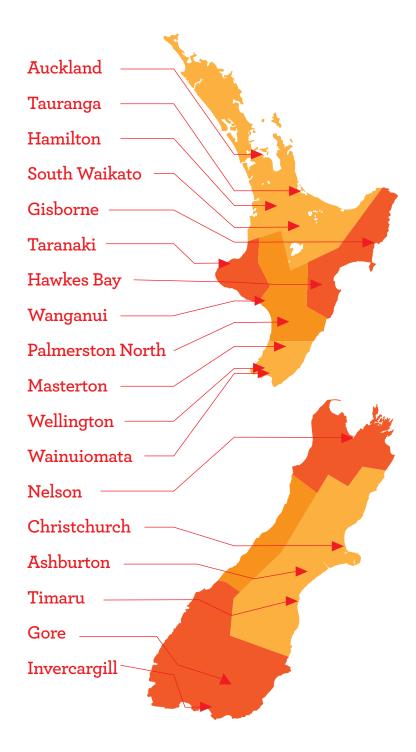
The first thing we at the YMCA would like everyone to understand is that we are first and foremost a national community organisation. We work for every New Zealander and we want to engage with every New Zealander in a way that is positive. Sure, at heart we are youth centred but we work with people of all ages. It's summed up in our by-line:

#### We Build Strong Kids, Strong Families, Strong Communities.

It's not just a slogan – we really believe that by helping children and young people to thrive, they will make great adults and parents. By working together with families, we strengthen that most important relationship of all – family/whanau. Building on that, we believe that connected communities are strong communities and strong communities make a great New Zealand society.

It's not just a slogan – We know that by helping children and young people to thrive, they will make great adults and parents, and flourishing communities







- YMCA Regional Offices 12
- **40+** Centres nationally
- Outdoor centres 6
- Climbing walls 4
- Recreation and leisure centres 16
- 6 Pools
- Hostels/accommodation 5
- 8 PTE's (Private Training Establishments)

Outdoor Recreation





Community Recreation



Early Childhood Education





Human rights Child rights Climate change Child poverty

Youth development Child & youth protection Child poverty Community leisure access Outdoors access Community rights Promotion and brand protection

Aquatics

Representation and International

Connection

responsibility



**Education & Training** 



Youth Development



Health & Fitness

# DEFINING

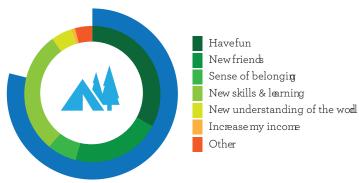
The YMCA is one of the largest providers of recreational activities in New Zealand



1500

The YMCA provides **178** services nationally, of these: **41** indoor sport & rec **15** outdoor sport & rec

## **79%** Of participants took part in YMCA camps



Perceived benefits of YMCA Camps



109,000

Participate in YMCA recreational activities annually

Annual Sweat Equity

## YMCA participants give back

76% of participants

volunteer their time

YMCA is widely

YMCA is widely

supported by volunteers

YMCA staff breakdown

YMCA staff breakdown **YMCA staff breakdown
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The YMCA is supported by over 1500 volunteers contributing in excess of 109,000 hours of time. This is equivalent to \$2.24 million in sweat equity per year when valued at the living wage of \$22.50 p/h.

\$22.50

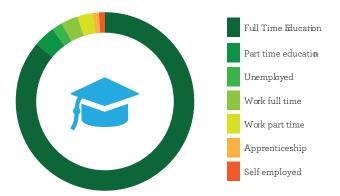
## EDUCATION

A distinguishing feature of YMCA Education programmes is our focus on the whole person. Our programmes follow the Te Whare Tapa Wh model: Te taha hinengaro, physiological wellbeing, Te taha whanau, family wellbeing, Tet aha tinana, physical health and Te taha wairua, spiritual wellbeing. Our teachers and programmes specialise in re-engaging dis-engaged learners.

YMCA is registered with NZQA as a PTE (Private Training Establishment) delivering TEC funded programmes.

Our specialist services focus on literacy and numeracy, developing skills and knowledge to enable young people to lead fulfilling lives. We also provide vocational training across a number of areas such as Computing, Early Childhood Education, Engineering, Farming and Furniture Making. YMCA programmes are individualised and designed to meet the needs of specific students.

#### **Employment & Work Status**







58% of overall YMCA participants have taken a YMCA educational course







The YMCA has a suite of 8 programmes, including NCEA 1 and 2 based around a vocational pathways approach.

> These are delivered over 12 centres nationally.





We deliver approximately 34,000 hours of literacy and numeracy education to 350 participants.

Each year we provide education opportunities to approximately 750 people.



## **Established 1844**

On 6 June 1844, 22 year-old draper George Williams joined 11 friends to organise the first Young Men's Christian Association (YMCA), a refuge of Bible study and prayer for young men seeking escape from the hazards of life on the streets of London.

YMCA Advocacy Mandate: Guarantee that a youth voice is heard and understood at global events of relevance to young people



The YMCA is active in 119 countries worldwide

With more than 58 million members, the YMCA is the largest youth charity in the world

## YMCA's 4 strategic international advocacy areas









Environment

### Locally and nationally YMCAs operate in a wide range of programme areas including:

Sustainable Development **Education & Vocational** Training Gender Equity **Climate Change** Health & HIV/AIDS Prevention Inter-faith dialogue

Food Security Leadership Development Migration **Civic Engagement & Human Rights Education Emergency Response Peace-building** 



1 out of 4 YMCA NZ participants take part in international activities

# **ADVOCACY &**

YMCA Auckland +64 9 303 2069 communication@ymcaauckland.org.nz

> YMCA Tauranga +64 7 578 9272 spirit@ymcatauranga.org.nz

YMCA Hamilton City Leisure Center +64 7 838 2529 y-kids.hamilton@ymchamilton.org.nz

> YMCA Gisborne +64 6 867 9259 info@ymcagisborne.nz

YMCA South Waikato +64 7 886 8737 gm@ymcasouthwaikato.org.nz

YMCA Taranaki +64 6 758 3666 mail@ymcataranaki.org.nz

YMCA Hawkes Bay +64 6 878 3027 oscar3@ymcahb.org.nz

**YMCA Central** +64 6 349 0197 ymca@ymcacentral.org.nz



YMCA National Office Level 2, BNZ Tower, 14 Hartham Place North Porirua 5022 + 64 4 568 9622 national@ymca.org.nz Charities Registration: CC21153

### www.ymca.org.nz

YMCA Palmerston North +64 6 358 8921 pnoffice@ymcacentral.org.nz

YMCA Greater Wellington +64 4 568 3252 contact@ymcawellington.org.nz

YMCA Masterton +64 6 377 5499 nicole @ymcawellington.org.nz

> **YMCA Wainuiomata** +64 4 568 9622

YMCA Nelson +64 3 545 6631 enquiries@ymcanelson.org.nz

> YMCA Christchurch +64 3 366 0689 mailto@ymcachch.org.nz

YMCA South & Mid Canetrbury +64 3 688 3682 info@ymcasc.org.nz

YMCA Invercargill +64 3 218 2989 reception@ymcasouth.org.nz