

Skills for You/ Te Papa Ako Toi

New Zealand Certificate in Foundation Skills (Level 1) v2

THIS PROGRAMME IS DELIVERED UNDER SUBCONTRACTED AGREEMENT WITH NATIONAL COUNCIL OF YMCAS NEW ZEALAND.

Graduate Profile



This qualification is intended to assist people engaging or re-engaging with learning to prepare them for further learning and employment. It recognises the importance of core capabilities such as confidence, basic knowledge, and skills, and literacy and numeracy, in a range of simple and structured contexts.

Graduates of this programme will be able to:

- understand self-management strategies to organise personal life, maintain well-being and continue learning.
- interact positively with people from their own and other cultures, both individually and in group environments including work and community.
- reflect on progress towards achieving personal and career goals.
- organise, interpret, and communicate information using basic literacy and numeracy skills in relevant contexts.

Additional Qualifications and Pathways

Students may also gain **NCEA Level 1** if they already have achieved enough credits.

"I like learning real life skills that are going to help me in the future."

- "Y-Skills for You" learner, 2021

Opportunities for further study includes:

- NZ Certificate in Foundation Skills Level 2
- NCEA Vocational Pathway
- **NCEA Level 1 and/or 2 is achievable through either pathway**

2022 Intake Dates:

| | |
|------------|--------------|
| 31 January | 4 July |
| 7 March | 22 August |
| 11 April | 26 September |
| 30 May | 14 November |

Duration:

20 weeks
not including breaks
30 hours per week [incl. homework]

Entry Criteria:

- 16-19 years of age at enrolment [15 yrs. with exemption certificate]
- NZ citizen or permanent resident
- Not enrolled elsewhere
- Subject to Literacy/ Numeracy Assessment

2022 Programme Content

| Graduate Profile Outcomes | Unit | Unit Standard Name | Level | Credit |
|--|-------|--|-------|-----------|
| Course/ Outcome 1 Understand self-management strategies to organise personal life, maintain well-being and continue learning. | 467 | Demonstrate personal and social development through participation in adventure-based learning v5 | 2 | 3 |
| | 496 | Manage personal wellbeing v10 | 1 | 3 |
| | 548 | Demonstrate knowledge of the impact of alcohol and other drugs v9 | 1 | 3 |
| | 3483 | Fill in a form v7 | 1 | 2 |
| | 24709 | Produce a balanced budget to manage personal finances v4 | 1 | 3 |
| | 27106 | Describe the terms connected with whakapapa and use them within a family structure v4 | 1 | 2 |
| Course/ Outcome 2 Interact positively with people from their own and other cultures, both individually and in group environments including work and community. | 497 | Demonstrate knowledge of workplace health and safety requirements v10 | 1 | 3 |
| | 542 | Describe discrimination under the Human Rights Act 1993 and describe ways of responding to it v7 | 2 | 3 |
| | 3503 | Communicate in a team or group to complete a routine task v6 | 1 | 2 |
| | 4249 | Describe care and timeliness as an employee v8 | 1 | 3 |
| | 12349 | Demonstrate knowledge of time management v6 | 2 | 3 |
| | 12355 | Describe strategies for managing stress v6 | 2 | 3 |
| Course/ Outcome 3 Reflect on progress towards achieving personal and career goals. | 504 | Produce a CV (curriculum vitae) v8 | 1 | 2 |
| | 1293 | Be interviewed in an informal, one-to-one, face-to-face interview v7 | 1 | 2 |
| | 3501 | Demonstrate knowledge of and apply listening techniques v6 | 1 | 3 |
| Course/ Outcome 4 Organise, interpret, and communicate information using basic literacy and numeracy skills in relevant contexts. <i>[Embedded across GPO1-3]</i> | 26622 | Write to communicate ideas for a purpose and audience v4 | 1 | 3 |
| | 26623 | Use number to solve problems v4 | 1 | 4 |
| | 26624 | Read texts with understanding v5 | 1 | 4 |
| | 26625 | Actively participate in spoken interactions v6 | 1 | 3 |
| | 26626 | Interpret statistical information for a purpose v4 | 1 | 3 |
| | 26627 | Use measurement to solve problems v4 | 1 | 3 |
| | | | | 60 |

Additional Information

Phone: 04 568 9622
Locations: Gisborne, New Plymouth, Palmerston North & Whanganui.

Email: national@ymca.org.nz
Website: www.ymca.org.nz

Course Costs

FREE

Additional Expenses

Learners must provide their own lunch

Approximate Cost

At learner expense